

# HALIBURTON REAL EASY RYDERS

## THE PRESIDENT'S MESSAGE 2012

When I look back at our little club's beginnings, I am struck by the thread of continuity that runs through everything we do. Today, we have the same adventurous spirit that inspired our earliest members, all 8 of them, to start a club. We attract members who are passionately committed to an active life-style, travel, adventure and new ideas. We are not complacent and we proudly continue to innovate and drive change. If this pattern of activity appeals to you, I hope you'll join us for another exciting cycling season. Perhaps you would consider joining our Board of Directors as there is always the need for fresh ideas and renewed energy.

I am pleased to introduce **Christine Bunn, John Sloan and Dave Tranter** as new Directors of the 2012 Executive, and thank them for agreeing to share in the running of your club.

Here are your Club Directors for 2012.

President	<b>Mike Chellew</b>	Treasurer	<b>Bob Hall</b>
Vice President	<b>Gary Stoner</b>	Secretary	<b>Pam Chellew</b>
Ride Coordinator	<b>Mac Ellis</b>	Activities Coordinator	<b>Jane Boyd</b>
Membership Coordinator	<b>Christine Bunn</b>	Website Coordinator	<b>Doug O'Dell</b>
Directors at Large	<b>John Sloan and Dave Tranter</b>		

Once again we are members of the Ontario Cycling Association. Our club's insurance costs, which now include Directors' and Officers' Liability Insurance, may increase for 2012. Our fees, however, remain unchanged for the coming season, at \$45 for each member.

Highlights of the 2012 season include:

- **Bike Clinic.** April 29th, 1 to 4 P.M. at the Stanhope Firefighter's Hall. Our past clinics have proven to be very popular. There is a lot to learn about bike maintenance, proper fit, gearing and cycling safety, all presented in a structured but relaxed setting. Please come and meet new members, re-acquaint with old friends and enjoy some light refreshments.
- **First Ride.** May 1st, from the West Guilford Community Centre starting at 10:00 A.M.
- **Spring Trip.** June 12, 13 & 14th in the Midland area. Detailed information about this trip, which is being planned by Bill Obee and Sue and Tony Davidson, will follow on our club's website.
- **Fall Trip.** September 11, 12 & 13<sup>th</sup> in Stratford. John and Susan Sloan, Dave and Vickie Tranter, Chris Whittemore and Leonora Marriner are arranging a great trip in an area new for our club. Further info to follow on the website.
- **2012 Ride Schedule and Maps.** Our Ride Coordinator, Mac Ellis, has assembled a new ride schedule for 2012 with some interesting additions; something for every riding ability. The new schedule and maps are available on the club's website.
- **2012 Club Membership.** **Please follow Christine's detailed instructions when completing your forms.** Note that Membership Forms will not be accepted after July 15, 2012.

I would like to close with a quote from a document on Active Transportation written by John McMullen. Active Transportation means getting around without an engine. John writes: "We have become used to the ease and convenience of transportation. In order for Active Transportation plans to truly become a success, walking, cycling and other non-motorized forms of travel need to become as convenient as they were before the advent of the car. There is no easy way of doing this: it will be hard to change things." Perhaps our club, with over 50 cyclists on the road each Tuesday, is making a difference for the better.

I look forward to seeing you at the Bike Clinic on April 29th. And as I wrote last year, the best place to ride is with friends; you will never have a bad day on your bike. You can pedal sick, wet, hot, cold and weary and always feel better after a ride. Friends make it so.

Sincerely,  
Mike Chellew



# HALIBURTON REAL EASY RYDERS 2012 MEMBERSHIP APPLICATION

## MEMBER INFORMATION (Please print clearly)

Name \_\_\_\_\_  
\_\_\_\_\_ (Last Name) (First Name)

Date of Birth mm/dd/yy \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (City/Town) (Postal Code)

Email Address \_\_\_\_\_  
\_\_\_\_\_ (Phone – including area code)

Emergency Contact \_\_\_\_\_  
\_\_\_\_\_ (Name) (Phone – including area code)

By signing the application I am stating that I have read and agree to abide by the Haliburton Real Easy Ryders Risk Management Policy.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

If you do NOT wish to have your membership information (i.e. name, address, phone number and email address) distributed to club members, please initial here \_\_\_\_\_.

### APPLICATION CHECKLIST

EACH MEMBER must complete and submit the following:

1. Haliburton Real Easy Ryders Application form
2. Haliburton Real Easy Ryders Disclaimer
3. Ontario Cycling Association Waiver
4. Cheque payable to Haliburton Real Easy Ryders

Please forward the above items to:

Christine Bunn  
1041 Strickland Road  
Haliburton, Ontario  
K0M 1S0

Membership Applications will not be accepted  
after July 15th

### 2012 MEMBERSHIP FEES

\$45 per member

### IMPORTANT

Applications must be received prior  
to participation in a ride.

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Due to insurance regulations, rides  
are restricted to MEMBERS ONLY.

# HALIBURTON REAL EASY RYDERS MEMBERSHIP DISCLAIMER

IN CONSIDERATION of being permitted to participate in any way in the Haliburton Real Easy Ryders Bicycle Activities, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. I ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. I FULLY UNDERSTAND that:
  - a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS");
  - b) These Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW;
  - c) There may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.
3. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the club, its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THE AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE

\_\_\_\_\_

# WAIVER, RELEASE & INDEMNITY

CLUB: \_\_\_\_\_

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH (YY/MM/DD): \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

I \_\_\_\_\_ understand and agree that my participation in events, programs, races, or activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association and/or Provincial Associations and Various CCA Clubs and Members registered with CCA is conditional upon my execution of this document.

1. I am aware that cycling, and in particular competitive cycling, endurance and BMX racing, involves the possibility of injury or death.
2. I accept these risks, and all others arising from these events and programs, even if arising from the **negligence, gross negligence or negligent rescue** by those associated in any way with the **Canadian Cycling Association** events and programs I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs throughout the year, including their respective officers, directors, employees, agents, servants, volunteers and representatives (the "Releasees").
3. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safety continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against **Canadian Cycling Association, and all other Releasees** from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed under the relevant Occupier's Liability Act, on the part of the Releasees.
6. **I AGREE NOT TO SUE and I further agree TO INDEMNIFY AND SAVE HARMLESS** the Releasees from all expenses, fees, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs.

**I HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.**

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

## **PARENTAL CONSENT FOR MINOR PARTICIPANT and INDEMNITY AGREEMENT**

I have read and understood the above waiver, release and indemnity, and have discussed the same with the minor person signing above. I am satisfied the said minor understands the waiver and release and his/her obligations as set out. In consideration of the participation of my minor child/ward I too agree to waive, release and indemnify the Releasees in the terms set out above.

*I am aware that by signing this agreement I am waiving substantial legal rights, which my minor child/ward and I, our respective heirs, executors, administrators and next of kin may have against the Releasees.*

SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

### **PLEASE READ:**

By completing this form you have given permission for the Ontario Cycling Association to use your likeness in the form of photographs for promotional purposes without notification.

Occasionally, our mailing list is made available to reputable companies and organizations whose products, services and events may be of interest to you. If you prefer not to have your name made available, please check below. To receive the Ontario Cycling Association's e-newsletter, please sign up at [www.ontariocycling.org](http://www.ontariocycling.org).

I do not want to be on this mailing list.



# HALIBURTON REAL EASY RYDERS RISK MANAGEMENT POLICIES

## INTRODUCTION

The Haliburton Real Easy Ryders is a volunteer based, non-profit organization that focuses on recreational group cycling and encourages social interaction amongst Club members.

The Club endeavours to make all rides as safe as possible and to help achieve this, the Club has developed Risk Management Policies which define the Club's position as it relates to safety.

## SAFE RIDING POLICIES

1. All members must wear a proper fitting and approved cycling helmet whenever cycling on a Club ride. The Trail Captains and/or a Director, shall refuse to allow any member to participate if they do not have a helmet.
2. All members must obey the Highway Traffic Act and agree to cycle in a safe, responsible and courteous manner at all times. It is strongly recommended that all bicycles have a bell or horn, mirror and reflective tape.
3. Due to the risk associated with the use of any electronic device, i.e. cell phone, MP3 player, iPod, etc., while cycling, the use of any such device is prohibited when cycling on a Club ride.
4. All members are responsible for ensuring that their bicycles are in proper and safe working order.
5. Members shall remove themselves if they sense or know that their continued participation in a ride puts them and/or anyone else at risk.
6. Trail Captains and/or a Director, are encouraged to share safe cycling practices with other members before or during a ride.
7. All members are encouraged to carry personal identification, OCA Membership Card and emergency contact information.
8. Trail Captains will arrange for an experienced cyclist to be near the front of each group to ensure that everyone follows the correct route and also for someone to be near the back in case of emergency. It is difficult to assist riders who choose to ride ahead of the group or do not follow the designated route. Therefore, all riders are strongly encouraged to stay with their group and not ride alone.

9. Prior to each ride, Trail Captains and/or a Director, will inform members of the suggested route(s) and plans for the ride. On our spring and fall “out of town” trips, maps and written directions will be provided and reviewed orally prior to each ride.
10. Members assume full responsibility for their own safety on each and every ride.
11. Whenever possible, at least one person in each group should carry a cell phone on each ride in case of emergency.
12. Members are encouraged to use the “buddy” system at all times.
13. Accidents or serious illness must be reported immediately to a Director in attendance on each ride. Where treatment is required, the approved Sport Injury Report Form shall be completed by a member of the Board and submitted as soon as possible to the President of the club. The President shall submit the form to the Ontario Cycling Association. In addition, the Membership Co-Ordinator shall provide to all Directors, an Emergency Contact List on an annual basis.

Revised October 2011